

# SHARE THE GOOD

Good is happening across your community through Sioux Empire United Way. Together, we're fighting for children, vulnerable adults, and people in crisis.

## A gift of \$5 can provide



2 days of meals and snacks for a Sioux Falls Hope Coalition preschool student, which will fuel their bodies and restore their energy to learn, participate, grow, and engage with other children.



1 day of Day Break's snack and hydration program for older adults, which helps meet the recommended daily nutritional intake, as well as help maintain healthy blood sugar levels for individuals who are unable to manage this independently.



1 suicidal individual with a series of follow-up calls, through Helpline Center's Suicide and Crisis Support, which will decrease their risk for suicide in the future.

## A gift of \$25 can provide



20 youth at Boys & Girls Clubs of the Sioux Empire's The Club with three Great Futures cooking classes, providing them life skills around nutrition and healthy cooking.



8 older adults and their Better Together matches with craft supplies for a small group gathering and activity, which helps the older adults re-connect to their community and reduce the risk of depression and cognitive decline.



1 client of The Glory House's Case Management Program the ability to obtain necessary employment documentation.

[WWW.SEUW.ORG/YOUR-DONATIONS-IMPACT](http://WWW.SEUW.ORG/YOUR-DONATIONS-IMPACT)



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## A gift of \$52 (\$1/week) can provide



8 students with one hour of small group tutoring by a certified teacher through SF School District's Refugee and Immigrant Academic Achievement Resources, which will increase the success of our high school English language learners.



8 weekly outreach calls to seniors through Helpline Center's Outreach Support, which will provide continued support and connection to local, non-profit, and government agencies.



1 individual with access to two hours of counseling through Family Service, Inc. at an affordable rate, which will teach life skills that last beyond the course of treatment.

## A gift of \$104 (\$2/week) can provide



1 child in our community to receive one book per month from birth to age five through Dolly Parton's Imagination Library, which will ensure they have the necessary tools and skills to be a proficient reader.



5 older adults with transportation to a doctor appointment through Active Generations' Workers on Wheels, which will allow them to have the extra money in the month to be able to pay for medication.



1 parent connected to Avera's Family Wellness Program, with a 45-minute parent coaching session to provide education and support.

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## A gift of \$260 (\$5/week, Rising Heart gift) can provide



1 child from a low-income family the opportunity to attend a quality after-school program for 8 weeks through Lutheran Social Services' After School and Summer Program.



10 activity opportunities through Augustana University's FRIENDSLink, connecting adults with disabilities with peers, which will allow for more social opportunities in a small group.



7 guests of St. Francis House with an unlimited bus pass, which will assist them to be able to get to their place of employment and/or treatment.

## A gift of \$520 (\$10/week, Heart Club gift) can provide



17 children with free dental care through Delta Dental's Mobile Dental Program, filling cavities that may have been causing mouth pain and difficulties eating.



11 music therapy sessions for older adults who receive care during the day at Ceili Cottage, which aids overall quality of life by producing more "feel-good chemicals" in their brains.



25 hours of intensive services through Volunteers of America, Dakotas' Look Up and Hope, which includes hands-on parenting education for parents and caregivers to guide and support the children in a healthy way and understand each of their unique needs.